

10th Annual

Breath of Fresh Air...

Family Child Care Professional Conference

A Professional Development
Conference

Presented by the AFCCA

October 19 & 20, 2018

Coast Canmore Hotel & Conference Center

511 Bow Valley Trail, Canmore AB

*Celebrating Family Child Care
throughout Alberta*



Alberta
Family Child Care
Association



Alberta
Approved
Family
Day Homes

FRIDAY OCTOBER 19TH, 2018

AFCCA meeting at 10:30am for Directors followed by buffet lunch and Strategic Planning led by Alberta Childcare Ventures from 1:00pm-4:00pm

CONFERENCE REGISTRATION

Friday 4:00pm – 6:00pm and Saturday 8:00am-8:30am

The conference will begin at 6:30pm with Dinner and Keynote Speaker:

**Stephanie Staples
Bringing You're "A" Game to Work and Life**



If you have ever been tired, overwhelmed, stressed and it's not even lunch yet, you will need to hear this presentation! Stephanie has burnt out and bounced back and she knows firsthand that we can only do good if we feel good and we can only feel good if we are willing to look at our lives beyond our work. In this high energy presentation as Stephanie exposes not only what you need to do to achieve success in your life but how to do it! Gain ideas for improving relationships, managing stress and improving work-life balance. Discover techniques to apply to virtually any situation to make self-care achievable while learning the 5 "A" principles for a life of success and significance.

SATURDAY OCTOBER 20TH, 2018

Conference will begin at 8:30am with Breakfast and Keynote Speaker:

**Ryan Matishak
Appreciating People, Personality, and Managing Conflict**

What would it take to effectively coach or manage diverse personalities? In this session you will build an understanding and appreciation for the strengths of others, adding value to appreciating strengths in diversity. Explore how our strengths influence our leadership styles; seeing ourselves and others for our strengths not weaknesses. Gain insights into the impact of the "quiet voice" in a family or team situation. See effective leadership as the person who can alter their personal approach to accommodate others or the situation at hand and explore key fundamentals of effectively managing conflict.

MORNING SESSION 10:00am-12:00 pm

A. Stephanie Staples: Idea Bank: How to Create a Breakthrough Year at Work and Life

Are you tired of the status quo? Have you been searching for inspiration, innovation and insights but don't know where to find them? Learn to get unstuck from non-productive situations and adopt an attitude that will create more opportunities than you ever thought possible. Generate personalized, pro-active actionable plans to overcome issues, challenges and struggles. Prepare for a mind shift that can help you make the next 12 months the most happy, healthy and pro-active of your life!

B. Ryan Matishak: The Science of Team

For those who have never felt the magic of being part of a "high performing team", this will be your opportunity. For those who have experienced the chemistry of a dynamic team, let's revisit why it works. Through the fun of an experiential team experience, we will explore:

- the art of building team synergy
- effective, efficient and precise communication (including the art of active listening and 2-way dialogue)
- shared leadership and an egoless team dynamic
- the power of full engagement
- the challenge of articulating our interests effectively

C. Karin Linschoten: Working with Refugee Children and Families

This powerful session will give you a view into the lives of refugees before their arrival in Canada, what the experience of living in a refugee camp or warzone is like and the impact of these experiences. You will also learn about role changes that occur for the families and children in Canada and how they influence family dynamics and parenting and how to support both children and parents.

LUNCH, NETWORKING & DOOR PRIZES 12:00pm-1:30pm

Enjoy networking with your colleagues while enjoying a delicious buffet lunch. Make sure to check out the great vendors!

AFTERNOON SESSION 1:30pm – 3:30pm

A. Elsa Campos: Having Difficult Conversations

The goal of this workshop is to teach practical skills for communication and creating a structure for having difficult conversations when they arise; creating self awareness for your own discomfort when having challenging conversations, and what you can do to diffuse and manage conflict. Come prepared to talk about your own experiences and participate in working through having difficult conversations.

B. Anna Kirova: RAISED Between Cultures

The RAISED Between Cultures model outlines six important factors that when considered by educators both together and independently, can contribute to children's outcomes, and which make up the RAISED acronym: **R**eveal culture, **A**cknowledge pre-migration experiences, **I**dentify post-migration systemic barriers, **S**upport family and community strengths, **E**stablish connections between environments, and **D**etermine child outcomes together with families.

C. Lynsey Anderson: Coaching Educators to Create a Responsive Environment

Would you like to see positive changes in your dayhome environments? Do you need ideas on how to motivate your Educators to make these changes and engage children? This interactive workshop will provide concrete ideas on how to evaluate the dayhome environment and how to use reflective practice with your Educators to achieve these goals.

REGISTRATION INFORMATION

**Registration due date is
October 5th, 2018**

Workshops will be confirmed in your package the day of the conference. All fees are non-refundable.

Registration Fees: \$255 /person

(does not include hotel rooms)

Book your hotel room now at:

Email: <http://cao.st/3wfm> or

Call: 1-800-716-6199

Group Name: Alberta Family Child
Care Association

Conference Agenda

Friday

4:00pm-6:00pm conference registration

6:30pm-Dinner and Keynote: Stephanie Staples

Saturday

8:00 – 8:30am – Registration and Breakfast

8:30 – 8:45am--Welcome

8:45 – 9:45am -- Keynote: Ryan Matishak

10:00 –12:00pm-- Morning Session

12:00 – 1:30pm – Lunch & Networking

1:30 – 3:30pm -- Afternoon Session

Conference Registration

Coast Canmore Hotel ~ 511 Bow Valley Trail ~ Canmore, Alberta

Name: _____ Email: _____

Agency Name: _____ City: _____

Phone: _____ Food Allergies: _____

(Please note: Vegetarian options will be available)

Registrations due by: October 5, 2018

Complete registration form and fax to:

Fax: 1-403-240-2668

Mail payment (payable to AFCCA) to:

Calgary and Region Family Dayhome

Agency

3224 28 St SW

Calgary AB

T3E 2J6

- Friday AFCCA meeting+ Strategic planning (For Directors)
- Friday night dinner and keynote
- Saturday breakfast, lunch and full conference

Please check (✓) beside the days/events you will be attending

All fees are non-refundable.

SESSION CHOICE

Please indicate your 1ST, 2ND & 3RD choice for AM and PM sessions

10:00-12:00pm - Morning Session

_____ A. Stephanie Staples: Idea Bank

_____ B. Ryan Matishak: The Science of Team

_____ C. Karin Linschoten: Working with Refugee Children and Families

12:00pm-1:30pm-Lunch and networking

1:30pm-3:30pm - Afternoon Session

_____ A. Elsa Campos: Difficult Conversations

_____ B. Anna Kirova: RAISED Between Cultures

_____ C. Lynsey Anderson: Responsive Environments