

7th Annual

Breath of Fresh Air...

Family Child Care Professional Conference

A Professional Development
Conference

Presented by the AFCCA

October 16 & 17, 2015

River Cree Resort & Casino

300 East Lapotac Blvd

Enoch, AB

*Celebrating Family Child Care
throughout Alberta*



**Alberta
Family Child Care
Association**

FRIDAY October 16th, 2015

All AFCCA members **ENCOURAGED** to attend conference and the Business Meeting at 12:00pm

Lunch will be \$10/person. Immediately following the business meeting will be round table discussions on successes

REGISTRATION

4:00pm - 5:30pm

&

7:00 pm- 7:30pm

Then join us at 7:00pm for a Wine & Cheese networking opportunity followed by:

Deb deWaal

Personal Safety | Conflict Management | Mental Toughness | Resiliency | Leadership Development | Motivational Sessions | Personal Coaching Services

A respected entrepreneur and self-starter, Debra is a skilled speaker, facilitator and experiential trainer. Her sojourn into people development began as a Police Officer in 1989. Debra started the journey by working as a Constable with the Calgary Police Service in numerous team environments. Also, in 1996 while still a Police Officer, Debra simultaneously honed her skills as a management consultant, working with a variety of organizations and other consultants. In 1998, she left the Calgary Police Service and shifted her focus to full time operations of Safe & Sound. Debra has been a professional member of the Canadian Association of Professional Speakers as well as the National Speaker Association since 2004 and is a Certified Performance Coach through Corporate Performance Coaching.



SATURDAY October 17th, 2015

REGISTRATION

8:00am - 8:30am

The conference will begin at 8:30am with breakfast and Keynote Speaker:

Ross Watson—Living Without Limits



When Ross Watson talks about taking risks, teamwork, and personal dignity, he truly speaks from experience. An outdoor enthusiast for over 20 years, Ross was the first blind climber to attempt North America's highest mountain, 20,320 foot Mount McKinley, in Alaska, in 1990. After 21 days on the mountain and only 6 hours from the summit, a severe storm on the upper reaches of the mountain forced Ross, and all but two members of the team to descend. Five days later, the expedition realized success when two climbers reached the summit. In 2000, Russ fulfilled a lifelong dream by organizing and taking part in an expedition to be the first blind climber to summit Canada's highest mountain, 19,640 foot Mount Logan in Canada's Yukon. On May 25, 2000 after 19 days of 60-kilometer winds and -35° temperatures, Ross and his three teammates reached the West Summit of Mount Logan. Ross is a dynamic speaker, who has made numerous radio and television appearances from the Canadian Arctic to New York State. He has

spoken to large corporate groups, focused professional development session and universities. Drawing on his unique mountain climbing experiences and un compromising belief in the power of personal goals, teams, dreams, and ambition, Ross delivers a memorable keynote on the rewards of taking risks and striving for success.

SATURDAY MORNING SESSIONS

10:15am—11:45am

Deb deWaal – Be Safe not Sorry

In one dynamic session, learn how to handle the ultimate "what if". Debra deWaal, a former Calgary Police Officer, will share her experiences in an informative, high energy and humorous way. Learn what types of crime are occurring in our society and how to safely prevent and manage any potentially dangerous situation. This session will give you the mental and physical tools to be in control of any verbal or physical conflict.

Robin Gibb—Brain Development

"How Early Experiences Influence Brain Development!"
 "Relationships are critical to brain development and we will look at the vital role that parents and early childhood educators play in positive brain development. Play is especially important because it appears to influence the brain's ability to change in response to a wide variety of later experiences. Mothers and fathers parent their children differently and how this influences brain development will be discussed. This session will also focus on practical advice for optimizing brain development and life success in children."

ECDSS - Values, boundaries and professionalism

This session will challenge you to embrace the link between the passion you have for your work and the skills and expertise you need to do it. The strategies shared will enhance your understanding of how our values impact our professional practices and either support or hinder your engagement with providers.

Monique Howat - Habits of Happiness

We are an overwhelmed society who crave and need happiness more now than ever before. The best thing we can do for ourselves is to learn how to be happy and hope it rubs off on those around us. In this interactive strategy-based workshop, learn how to make happiness happen daily because it is within our reach. Happiness is a behavior that will infuse and influence your personal life, workplace and family!

LUNCH - Be sure to visit Displayers 12 :15pm - 1:45pm and 4:15pm - 6:00pm

SATURDAY AFTERNOON SESSIONS

1:15pm – 3:30pm

<p><u>Ross Watson - The 3 R's of Successful Goals</u></p>	<p><u>Cynthia Wild and Vera Blower - Appreciative Inquiry</u></p>	<p><u>ECDS - Engaging Effectively in Challenging Conversations</u></p>	<p><u>Lavonne Roloff (Alberta Home Visitation Network Association) - Reflective Supervision</u></p>
<p>RISK—Does your new goal have enough risk to effect change? Or does the new goal resemble what you are currently doing? RELATIONSHIPS—What relationship does your new goal have with existing goals? Is there the potential for conflict? REALITY—What is the reality of achieving the new goal? What can make the new goal a reality?</p>	<p>Hone your Consultant Skills with this presentation from Region 3 CFS. Increase interview and dialogue skills by delving into “What is Appreciative Inquiry”</p> <p>* More information on this topic to follow*</p>	<p>In this session you will explore your communication with others and ways to maximize its effectiveness, especially in challenging situations. You will practice and discuss strategies for engaging in these conversations as well as leave with tools to mentor providers in having challenging conversations with families.</p>	<p>What is reflective supervision? This session will define reflective supervision and gain insight into the process of reflective supervision. Reflective practice is a part of ensuring quality service when working with families. Reflective practice is a supportive and collaborative method for developing supervisory relationships characterized by trust, support and growth. This workshop presented by the Alberta Home Visitation Network Association will highlight the benefits of using reflective practice supervision in human service organizations.</p>

DINNER, KEY NOTE & ENTERTAINMENT @ 6:30 PM

Keynote Speaker from 7:30pm - 8:45pm

Monique Howat - The Super Power of Inspiration and Influence

You have an ability that is highly persuasive. It is powerful enough to spark ambition, motivation and drive in those around you. Likely, it has already been used on you: perhaps by a teacher, partner or parent when you were a child. Inspiration and Influence may appear in camouflage through words, actions, ideas or believing in someone before they prove or believe in themselves. It commonly enters our lives when we least expect it and injects the fortunate individual with a fresh, fierce attitude that says, “I will make it happen!” This humorous, yet thought-provoking keynote, defines inspiration and influence in a way that most people have never reflected upon. Audiences will discover the potent effect of a gift that lies within all of us, known as Inspiration and Influence. Prepare to be engaged!



Entertainment: Name that Tune & Dress up Contest

Hip Hop or Sock Hop ? Come dressed for your favorite music and then sit back and enjoy as we play the greats from all our ‘collective’ years in childcare. To make it interesting we’ve made it into a game with some great prizes. Your table will compete to ‘Name that Tune’ from a musical selection ranging from 1970’s Michael Jackson to yesterday’s Justin Bieber!



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October 16th, 17th, 2015

Name: _____

Email: _____

Agency Name: _____

Agency Address: _____

City: _____ Postal Code: _____

Phone: _____

Food Allergies or Dietary Needs: _____

Registrations due by October 1st, 2015

Complete registration mail with your payment to:

CHILD DEVELOPMENT DAYHOMES

10639 – 131 St

Edmonton AB T5N 1Y6

Fax: 1 780 444 2277

Email: Sonia@childdev.com

Registration Payment:

Check Payment (Payable to the AFCCA)

Visa or MasterCard Payment:

Name on card: _____

Number: _____

Expiry date: _____

Conference Fee:

\$300 if no hotel is required

\$375 if hotel is required (based on double occupancy)

All fees non-refundable

I will attend the following events:

FRIDAY

Noon AFCCA meeting & round table discussions

7:00pm Wine & Cheese with Keynote Speaker: Deb deWaal

SATURDAY

Keynote Speaker: Ross Watson

6:30pm Dinner, Keynote & Entertainment

Click on the hotel reservation link :

[Book your group rate for Alberta Family Child Care Association Conference 2015](#)



***Book your hotel by Sept 18 ***

PLEASE NOTE:

You need to book & reserve your own room for the conference. You will be asked for your credit card to reserve the room. Your credit card WILL NOT be changed, as the room is included in your registration fee

SESSION CHOICE

PLEASE INDICATE YOUR 1st, 2nd, 3rd & 4th CHOICE IN ORDER OF PREFERENCE IN EACH TIME SLOT:

10:15-11:45am

- Be Safe not Sorry - Deb deWaal
- Brain Development - Robin Gibb
- Values, Boundaries and Professionalism - ECDSS
- Habits of Happiness - Monique Howat

1:15-3:30pm

- 3 R's of Successful Goals - Ross Watson
- Appreciative Inquiry - Cynthia Wild & Vera Blower
- Engaging Effectively in Challenging Conversations - ECDSS
- Reflective Supervision - Lavone Rolloff